

A man with a beard and tattoos is looking upwards. He is wearing a maroon t-shirt with the text 'PATIENCE WITH A PLAN' and blue shorts. He has a large 'Om' symbol tattoo on his right thigh and a cannabis leaf tattoo on his left calf. In the background, there are large, oversized sneakers, including a grey Converse sneaker with a white star logo. The text 'Patience with a Plan Planner & Journal' is written in a white, cursive font across the center of the image.

# Patience with a Plan Planner & Journal

Be where your feet are